CAMBRIDGE SCHOOL
Indirapuram

Class: Nursery
Session: 2024-25

Dear Parents,

Greetings from Cambridge School, Indirapuram!

As parents, it is important to invest your time with your children now. Enjoy their childhood as in a few years from now they'll be all grown up and on their own!

To cherish these moments, here's a list of suggested activities which you can enjoy with them:

- Share stories about your childhood and your family history.
- Go to grandparents' house and let them mingle with the children. Their love and emotional support is very important for your children. Take pictures with them.
- Take at least two meals together with your children. Ask them not to waste their food and explain to them, the importance of the hard work the farmers do to grow food.
- Allow them to help you in the kitchen or other household chores. Children learn dignity of labour from such activities.
- Narrate stories using puppets (stick/hand/finger/glove). You may narrate as many stories as you want as this will enhance their creative thinking. Encourage them to:
  - Do picture reading.
  - Discuss and talk about the different characters of the story.
  - Colour sheets related to the stories read.
- To improve the child's ability to hold the crayon and hone his/her fine motor skills try some simple activities with pulses, clay, pebbles, tear and paste and sand play. Some of the sample sheets are also being uploaded for your reference.
- Keep your children's screen time limited. Screens include T.V., mobile phones, computers and other electronic gadgets.
- Go to three neighbors' houses. Learn more about them and grow closer.
- Avoid giving junk food like chocolates, jellies, cakes, wafers, aerated drinks, fried stuff. Cultivate a healthy eating habit among your children.

Make the most of the summer break and enjoy this time with your children.

Lachmi Roy

Academic Supervisor

Happy Holidays!